



## **EDUCATION.** FOOD, SUPPORT.

# YOU GOT THIS.

### **REQUEST AN APPOINTMENT** OR LEARN MORE



MaricopaWIC.com 602.506.9333





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Follow us for recipes, nutrition & breastfeeding info, & more!

## What is WIC?

- Free nutrition and breastfeeding program
- Experts in nutrition for pregnancy, breastfeeding, infants, toddlers, and preschoolers
- Personalized nutrition tips and support for parents and caregivers
- Breastfeeding information, support, and resources
- Referrals to other community resources
- Healthy foods

## Who is WIC for?

- Pregnancy
- Breastfeeding
- Those whose pregnancy ended within the last 6 months
- Primary caregivers of infants and children under the age of 5

## WIC is Better than Ever!

- Skip the trip! Attend some of your appointments over the phone, through video chat, or online through our Facebook, Instagram, or our WIC Resource Website
- EzWIC app & eWIC card make shopping and tracking benefits easier
- Request appointments and submit WIC documents online 24/7

rev 07/23



## What Do I Need to Apply for WIC?

- A form of identification (for each person applying)
   —like a photo ID, birth certificate, or immunization record
- Proof of address—like a current state ID or utility bill
- •Proof of income—like the last 30 days of pay stubs or a letter from AHCCCS, SNAP, TANF, or Section 8 housing
- •Recent height/length, weight, and hemoglobin from medical provider OR you can come to our clinic for your appointment

## **WIC Income Guidelines**

(Effective April 2023)

Family Size	Monthly	Yearly
2	\$3,041	\$36,482
3	\$3,833	\$45,991
4	\$4,625	\$55,500
5	\$5,418	\$65,009
6	\$6,210	\$74,518

- Amounts based on income before deductions
- •Those with SNAP, TANF, or AHCCCS automatically qualify, but you don't need to have these services to have WIC
- •If you are pregnant, the unborn baby is counted as a family member





## REQUEST AN APPOINTMENT MARICOPAWIC.COM or 602.506.9333

## How Do I Find WIC?

#### North & West

#### **Constitution Elementary**

18440 N. 15th Ave. Phoenix, AZ 85023 (15th Ave. & Union Hills)

#### **Cotton Crossing**

8088 W. Whitney Dr. Peoria, AZ 85345 (83rd Ave./Cotton Crossing & Grand)

#### Glendale

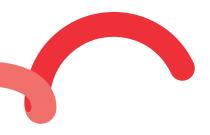
5141 W. Lamar Rd. Glendale, AZ 85301 (51st Ave. & Lamar)

#### Golden Gate

1625 N. 39th Ave. Phoenix, AZ 85009 (McDowell & 39th Ave.)

#### Maryvale

6850 W. Indian School Rd. Phoenix, AZ 85033 (67th Ave. & Indian School)



#### East

#### **48th Street**

2737 W. Southern Ave., Ste. 10 Tempe, AZ 85282 (48th St. & Southern)

#### **Broadway**

635 E. Broadway Rd. Mesa, AZ 85204 (Broadway & Olive)

#### Chandler

3002 N. Arizona Ave., #13 Chandler, AZ 85225 (Arizona & Elliot)

#### Chandler CARE

777 E. Galveston St. Chandler, AZ 85225 (McQueen & Galveston)

#### WIC@Baywood

6641 E. Baywood Ave., Bld. C1 & C2 Mesa, AZ 85206 (Baywood & Power)

#### Gilbert

132 W. Bruce Ave. Gilbert, AZ 85233 (Elliot & Gilbert)

#### **Paiute**

6535 E. Osborn Rd. Scottsdale, AZ 85251 (64th St. & Osborn)

#### Central

#### Downtown

1645 E. Roosevelt St. Phoenix, AZ 85006 (16th St. & Roosevelt)

#### St. Mary's

3003 W. Thomas Rd. Phoenix, AZ 85017 (31st Ave. & Thomas)

#### Uptown WIC@Hope

5757 N. Central Ave. Phoenix, AZ 85012 (Central & Bethany Home) Inside Hope Center in Bld B





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To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <a href="https://www.usda.gov/sites/default/files/documents/ad-3027.pdf">https://www.usda.gov/sites/default/files/documents/ad-3027.pdf</a>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: 1. mail: U.S. Department of Agriculture | Office of the Assistant Secretary for Civil Rights | 1400 Independence Avenue, SW | Washington, D.C. 20250-9410; or 2. fax: (833) 256-1665 or (202) 690-7442; or 3. email: <a href="mailto:Program.intake@usda.gov">Program.intake@usda.gov</a>. This institution is an equal opportunity provider.