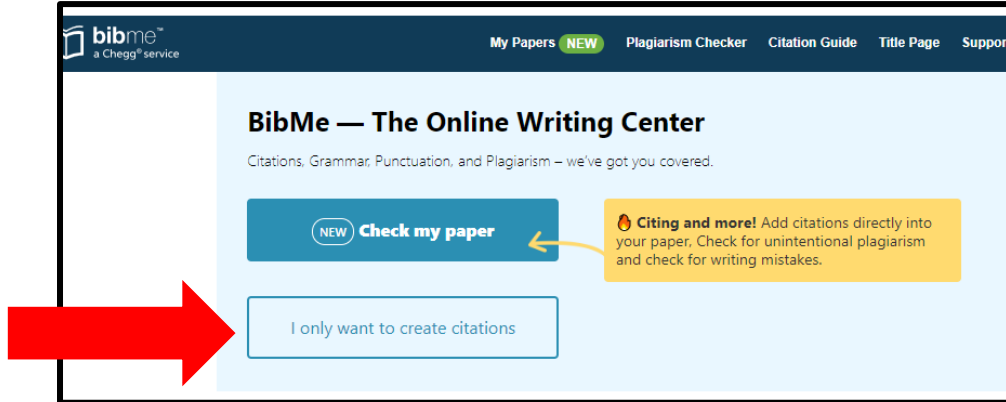


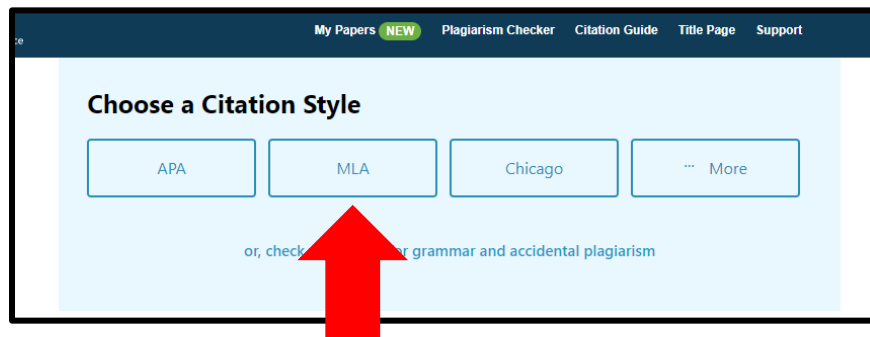
Making MLA Citations

How to Cite an Online Article Using *BibMe*

1. Go to bibme.org
2. Click “I only want to create citations.”



3. Select “MLA.”



4. Make sure the citation is being created under “Website.” In the box under “Website,” paste the entire URL of your article.

If you prefer, you can also enter the source's information manually here.

Make sure “Website” is selected.

Paste the URL of your article here.

5. After you paste the URL, click “Search Website.”
6. *BibMe* will then pull citation information from the website. Once the website finishes pulling information, click “Select” to continue.

The screenshot shows the BibMe search interface. At the top, there are tabs for citation styles: APA, MLA (selected), Chicago, and More +. Below these are tabs for source types: Journal, Website (selected), Book, Video, and Other. A search bar contains the text 'Find a website by url or keyword' and a yellow 'Search Website' button. Below the search bar, there are links for 'Auto-fill mode' and 'Manual entry mode'. The search results display the following information:

Exercise Benefits Your Metabolism Even More Than We Thought
 Elizabeth Millard -
<https://www.runnersworld.com/news/a32145992/exercise-benefits-on-metabolism-study/>

A yellow 'Select' button is located at the bottom left of the results, with a red arrow pointing to it.

7. *BibMe* will provide a summary of the information it obtained (and also the information it did *not* obtain). Click “Final Step” to continue.

The screenshot shows the 'Here's what we found!' summary page. It is divided into two sections:

We found citation data for

• URL	https://www.runnersworld.com/news/a32145992/exercise-benefits-on-metabolism-study/
• Website Title	Runner's World
• Publication Day	17
• Publication Month	April
• Publication Year	2020
• Access Day	07
• Access Month	may
• Access Year	2020
• Article Title	Exercise Benefits Your Metabolism Even More Than We Thought

We could not find

- Publisher/Sponsor

Below the lists, there is a note: "We may not have all the information we need to create the citation. Please use the next page to fill in any empty fields." A yellow 'Final Step' button is located at the bottom center of the page. A red arrow points to this button.

Click “Final Step” to continue to the most important part of creating a citation on *BibMe*.

8. In the final part of creating the citation, it is crucial to double-check that *BibMe* pulled the information correctly. (This is necessary because—although *BibMe* is a great tool—it is *not* perfect and will sometimes make mistakes.)

Some online articles will not have the author's name. If no specific name is available, leave this area blank.

Some articles will not have the publishing date. If so, leave the area blank. If two dates are provided because the article was updated at a later date, use the most recent date available.

Double-check every box to ensure the information is correct. Compare the information on the article's website with the information *BibMe* obtained. If you notice any discrepancies, make corrections.

9. Click “Create Citation.”

10. After *BibMe* generates the citation, click “Copy” and then paste the citation in your essay's Works Cited page.

Click “Copy & Paste” and then paste your new citation into your Works Cited page.

Edit your citation here.

When you paste your citation into your paper, always ensure the italicized portions remain italicized.

Note: Due to lack of space, other important areas have been marked with a ★. Please take the time to see their purpose.