

**Sexual Variations and the Paraphilias**  
**Chapter 18**

1. Techniques for determining/defining atypical/abnormal sexual behavior (statistics, legal, DSM-IV, cultural norms and consequences)
2. Definition of a paraphilia and facts about paraphiliacs in general including what may be causal factors
3. Four categories related to sexual variations and deviations
4. Definition of and knowledge about the DSM IV/V
5. Definition and brief description of the following paraphilias and information about who is likely to engage in them:

- fetishism
- partialism
- exhibitionism
- voyeurism
- masochism/sadism and S&M
- obscene phone calls (scatolophilia)
- frotteurism
- urophilia
- necrophilia
- klismaphilia
- coprophilia
- hypoxiphilia/asphyxiophilia
- transvestism
- Cybersex addiction (pg 523)
- pedophilia
- troilism
- stigmatophilia

6. Definition of sexual addiction, four stages in the sexual "addiction cycle" and four core beliefs of sexual addicts
7. Difficulties in treating paraphilias
8. Cognitive-behavioral therapy techniques used in treating paraphilias (self-control, stress management, cognitive restructuring, social rehabilitative and sex education)
9. Biological/Medical approaches to treating Paraphilias