

STUDY GUIDE
CHAPTER 12

EMOTION
Pages 409 - 423

1. Definition of emotion and its four components*
2. Explain the four characteristics of emotion*
3. Physiological basis for emotion: sympathetic and parasympathetic nervous system involvement
4. Relationship between mood and emotion
5. Definition of jealousy and impact of jealousy on relationships*
6. Difference between primary and secondary/mixed emotions and examples of each
7. Explanation of emotional appraisal and how it impacts emotion
8. Explanation of parasympathetic rebound
9. Physiological basis for a lie detector test and problems with these tests
10. Difference between social anxiety and shyness*
11. Definition of loneliness and two types of loneliness*
12. Sternberg's Triangle Theory of Love. Know all three types and how they relate to consummate love.*
13. Explanation of emotional intelligence (pg 422)
14. Theories of emotion (Table 12.22), the Facial Feedback Hypothesis and the Contemporary Model of Emotion (Table 12.24)
15. Concepts of facial blends and Duchenne smiles

* - indicates material is from lectures and is not in the text

PLEASE NOTE: There is a significant amount of material for this test which is lecture oriented, and is not included in your text